

The Fairlawn Informer

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Fairlawn Citizens Association Monthly Meeting

Tuesday, February 19, 2019, 7:00 PM

*Ora L. Glover Community Room, Anacostia Neighborhood Public Library
1800 Good Hope Road, SE, Washington, DC 20020*

IONA & WAVE

Due to last month's meeting cancellation owing to the snow and ice conditions on our streets and sidewalks, we sought and were able to reschedule Sally White, Executive Director, Iona Senior Services. In addition we will have Patricia Clark, President, Washington Area Villages Exchange (WAVE). So this month we are focusing on seniors living well in their own homes – aging in place.

IONA

Iona is a premier aging organization that has been in the Washington area for more than 40 years. The mission of Iona is to support people as they experience the challenges and opportunities of aging. Iona educates, advocates, and provides community-based services to help people age well and live well. Over the years, Iona has supported a community that celebrates, values, respects, and protects the contributions and possibilities of every individual. Today, that support is more critical than ever as people live longer and face more complex challenges.

Iona exists so you can sleep better at night, knowing that you are not alone in navigating the challenges of caring for or supporting an older adult. They exist to help you find answers to the countless questions you have about your own aging.

There is no question too small or concern too big that Iona has not heard or addressed. Iona has been responding to trends, creating best practices, advocating on behalf of older adults and – most importantly – listening to you. Iona invites you to learn more about their services by exploring their website – www.iona.org or contacting their Helpline – (202) 895-9448.

WAVE

What is a Village, specifically an Elder or Senior Village? It is a membership-driven, grassroots, nonprofit organization run by volunteers and possibly a paid staff. It coordinates access to affordable services and provides volunteer services, including transportation, inspiring health and wellness programs, home repairs, and social and educational activities. It offers access to vetted and discounted service providers and it is based on the needs of the community it serves. It is a one-stop-shop, doing anything their members need to age safely and successfully in their own homes. Villages positively impact isolation, interdependence, the health and purpose of their individual members to reduce the overall cost of care.

WAVE (Washington Area Villages Exchange) is a coalition of Washington area Villages and it interacts with other senior-serving organizations. It facilitates networking, educational, charitable and collaborative activities among villages, agencies and service organizations. WAVE envisions a world or region where anyone can grow older living in his/her own community, knowing

neighbors, having the opportunity to be an active contributor to that community, and getting support from neighbors, friends and community organizations.

WAVE is aware of 76 villages in the region; some are operating while others are in various stages of development, 19 are in Washington, D.C., 39 in Maryland, 17 in Virginia and one is in West Virginia.

WAVE has several collective meetings each year hosted by member organizations on a rotating basis in the three jurisdictions of DC, Maryland, and Virginia. The meetings include speakers covering topics of interest to the member organizations with time for questions. After the main presentation, specific time is provided for a couple of concurrent discussion groups focusing on areas of interest to member villages. For more information about WAVE you may visit: www.wavevillages.org or email them at: washingtonareavillages@gmail.com.

Budget Engagement Forums

The Mayor's annual Budget Engagement Forums are just around the corner. There are many important and tough decisions ahead as she prepares the District's Fiscal Year 2020 budget. These forums are an opportunity for her to hear directly from DC residents about your spending priorities. Mayor Bowser, along with her directors and deputy mayors, will be at every forum—listening and gathering your feedback.

Forum 1: Thursday, February 21, at 6:30 p.m., Arthur Capper Community Center (1001 5th Street, SE)

Forum 2: Saturday, February 23, at 10:00 a.m., Deanwood Recreation Center (1350 49th Street, NE)

Forum 3: Monday, February 25, at 6:30 p.m., Roosevelt High School (4301 13th Street, NW)

Whether you go to a forum just to learn about the budget process or because you have a fresh idea for how the DC Government can give more people a fair shot, Mayor Bowser hopes to see you there. For reasonable accommodations or interpretation, please call 202-442-8150 or email: engagement.dc@dc.gov.

Consumer Alert

The Office of the People's Counsel (OPC) is receiving increased reports about apparent utility scams, particularly complaints from Pepco customers. Callers impersonating Pepco representatives are demanding immediate payment of their electric bill to avoid having their service disconnected.

The scam often involves a sophisticated technique called "spoofing," when scammers hide the true origin of their phone call by falsely imitating a legitimate phone number or using a very official looking caller ID name. For example, consumers have received calls from a phone

number that falsely appeared on their caller ID as a Pepco customer service number.

Other tactics include salespersons masquerading as utility workers while attempting to gain entry to homes, robotic phone calls offering consumers reduced utility rates, and offers of "coupons or special energy rates" for seniors.

No matter what the pitch, never give your utility account information, Social Security Number, other personal information, or payment to someone in person or over the phone before verifying that you are speaking directly to a utility company representative. Be sure to check the balance on your last bill and call the customer service number on your bill to verify if, in fact, any payment is due.

Third Party Suppliers (TPS) authorized by the Public Service Commission may sell energy services to District customers. However, a TPS company representative can and should provide you with proof of who they are.

OPC Shares These Tips:

1. Always request identification from a utility company worker knocking on your door, no matter what the utility.
2. Beware of anyone who says they are "from the electric or gas company."
3. Unless there is a public safety emergency, utility companies rarely visit your home or randomly stop you on the street.
4. Request to see any rate offers in writing and do not sign any documents or "limited time" payment plans you have not had time to review.

If you have already been contacted and have concerns or questions about utility services, rates, contract offers, or utility construction in your neighborhood, contact OPC at (202) 727-3071 to talk with a Consumer Outreach Specialist.

RADON

Radon is a naturally occurring, cancer causing, radioactive gas. It can be found in your home and moves up through the ground into the air we breathe. You cannot see, smell, or taste radon. Testing is the only way to determine radon levels. To receive a free radon test kit, call the Radon Hotline at 202-535-2302 or visit: www.doe.dc.gov/radon.

New & Renewed Members for February

Bettie Brown George Hart
Addie Dempsey

Happy Birthday! Members Born in February

Donna Morrow	Robert Sneed, Sr.
Lynda Bowles	Angela Gordon (Simpson)
George Hart	Bettie Brown
Ronalda Williams	Mary E. Brown
Anne Bandy	Joan Traynham
Shirley Price	Annette Morrow
Susie Resper	

Has Your Membership Expired?

Please do not allow your dues to lapse. If you are not recognized in the Fairlawn Informer on your birth month, your dues may have lapsed and your membership expired. Our yearly dues are \$10 per person and is due for renewal on an annual basis from your join date. Dues paid after April are applied to the new membership year beginning in September. Receiving the newsletter is a benefit of your membership. No renewed membership – no newsletter, it is only fair. So, if you stop receiving the newsletter maybe your membership has expired. **Please be current with your dues.**

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*Yes, the early bird may get the worm...
but it's the second mouse that gets the cheese!*

PSA & CAC Information

Fairlawn is located in Police Service Areas (PSAs) 607 & 701 of the 6th & 7th Districts of the Metropolitan Police Department (D). PSA 607 is in Sector 2 of 6D and it meets on the 3rd Wednesday at 7:00PM at 2830 Q Street, SE. The 6D Citizens Advisory Council (CAC) meets on the second Monday at 7:00PM at 5002 Hayes Street, NE and the 6D Community Outreach Specialist is Dayne Dixon, (202) 698-1315, Dayne.Dixon@dc.gov. PSA 701 is in Sector 1 of 7D and meets on the 4th Wednesday at 7:00PM at 2455 Alabama Ave., SE. The 7D CAC meets on the third Wednesday at 2455 Alabama Avenue, SE and the 7D Community Outreach Specialist is Fayette Vaughn-Lee, (202) 497-0814, Fayette.Vaughn-Lee@dc.gov. Always Dial 911 For All Police-Related Emergencies.

New 2019 ANC Information

There are three Single Member Districts (SMDs) located wholly within Fairlawn and four additional SMDs that overlap the Fairlawn Citizens Association's boundaries. SMDs 8A01, 8A02, and 8A03 are wholly within Fairlawn and SMDs 8A05, 8A06, 8B01 and 7B03 are partially located in Fairlawn. The ANC Commissioners serving the Fairlawn SMDs are: **Benjamin Crane (7B03), Holly Muhammad (8A01), Barbara Clark (8A02), Brian Thompson (8A03), Dorcas Agyei (8A05), Ty'ron Jones (8A06), and Khadijah Watson (8B01)**. ANC 8A meets on the first Tuesday of the month at 7:00 PM in the DHCD Meeting Room at 1800 MLK Ave., SE.

The **Fairlawn Informer** is published every month, except July and August, by the Fairlawn Citizens Association. After publication, more information may be found at www.fairlawndc.org. Please email: info@fairlawndc.org to provide information to the editor or for the website, or to make other inquiries.

Name _____	Date _____	Birth Month _____
Address _____ Apt. # _____ Telephone _____		
Email Address _____ Area of Interest _____		
Emergency Contact _____ Telephone _____		
Please mail memberships to: FCA Membership, P.O. Box 30912, Washington, DC 20030-0912 Make Checks payable to: Fairlawn Citizens Association.		